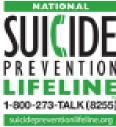


## **Community Resources**

- 911
- Information & Referral: 211
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
  - University of Utah Health Care Crisis Line: 801-587-3000
    - American Foundation for Suicide Prevention:
      http://www.afsp.org

LGBTQ+: Trevor Lifeline at 866-488-7386



https://www.afsp.org/understanding-suicide/resources



## **Online Resources**

- Utah Suicide Prevention Coalition: <a href="http://www.utahsuicideprevention.org/education-training">http://www.utahsuicideprevention.org/education-training</a>
- Zero Suicide Safety Planning: www.zerosuicide.com
- NAMI Utah: www.namiut.org

SAFE

- American Association of Suicidology Surviving After Suicide Fact Sheet: http://www.suicidology.org/Portals/14/docs/Resources/FactSheets/SurvivingAfterSuicide.pdf
- American Foundation For Suicide Prevention: https://afsp.org/
- SafeTALK: <a href="https://www.livingworks.net/programs/safetalk/">https://www.livingworks.net/programs/safetalk/</a>
- Permission to Grieve: For Survivors of a Loved One's Suicide http://health.utah.gov/vipp/pdf/Suicide/grievebooklet\_final0605.pdf